

# Guard against late spring ‘senioritis’



## **TIPS FOR PARENTS TO HELP THEIR STUDENTS AVOID SENIORITIS:**

- **Keep your students engaged:** Insist they do more than just show up. They should complete all assignments and continue to participate in classes and extracurricular activities.
- **Understand expectations:** Talk with teachers and check in to make sure your child is keeping up. You and your child still have time to make the next few months productive.
- **Examine extracurriculars:** Take a critical look at all activities that compete with academics. This time of year, seniors are often more interested in making money and feel free from the pressure of first semester. They want to work nights and weekends, and while the work ethic is admirable, if their grades are suffering it's not worth it.
- **Strive for balance:** You need to encourage but not push, to scrutinize but not pry, to offer support but not smother them.
- **Get a grip:** Know when to let it go. If they are doing well, and you feel confident their college acceptance is not in jeopardy, celebrate their accomplishments. You'll get more mileage out of a compliment than nagging.

Tags: Education, High School, Colleges, College Admission, Senioritis, High Education